

4 STEPS TO GET AN ARROW OUT OF A TARGET



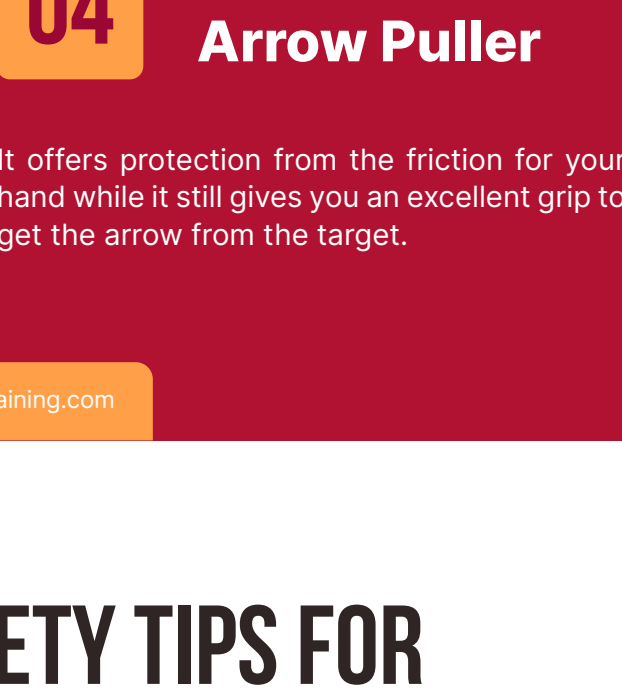
How Do You Get Your Arrow Out of The Target?

The best way to get your arrow out of the target is to use arrow lube. It is a protective layer around the arrow that prevents it from sticking to the target, and by using it and by combining pulling with a twisting motion, you can get the arrow out much more successfully than other methods.

WHAT ARE OTHER GOOD WAYS TO GET ARROWS OUT OF A TARGET?

01 The Use of Arrow Lube

It is one of the best ways to prevent the arrows from getting stuck, and it won't cause the arrow to go deeper into the target. Be careful not to put the lube too high up the arrow, it should only go up the first 3 to 4 inches of the arrow, or it could cause the arrow to lose grip.



02 Slightly Twist While You Pull

One of the best ways to ensure that you have a good grip is to place some padding between your hand and the arrow, to protect from blisters, before slightly twisting as you pull the arrow from the target.

Be careful not only to twist enough to break the connection/latch between the arrowhead and the butt of the target, and not to bend the arrow accidentally.

03 The Use of Ivory Soap

Only need to cover the first 2 to 3 inches of the arrow with the soap. You should also reapply the soap every few shots.

04 Use An Arrow Puller

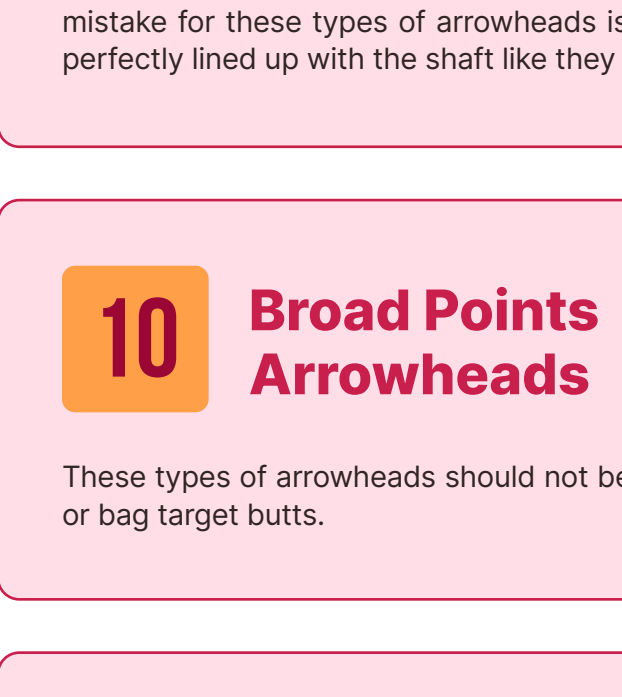
It offers protection from the friction for your hand while it still gives you an excellent grip to get the arrow from the target.

SAFETY TIPS FOR PULLING ARROWS

05 Make Sure No One Is Behind You

Before pulling on the arrow with the arrow puller, make sure no one behind you could be potentially impaled by tugging on the arrow.

Additionally, make sure you are not pulling into your body; instead, pull past your body to avoid getting yourself with the arrow.



06 Remove Unstuck Arrows First

Take out all of the ones you can get out easier. This will help prevent you from breaking other arrows shafts, and the arrow you're trying to get out.

07 Pull The Arrow Straight Out

Don't tug down, or up, or sideways when taking the arrow out. Preferably with one hand, pull the arrow straight from the target with a slight twist. If you use two hands, you may be more prone to falling over if it dislodges unexpectedly.

08 Try Not To Leave Arrow Heads in Targets

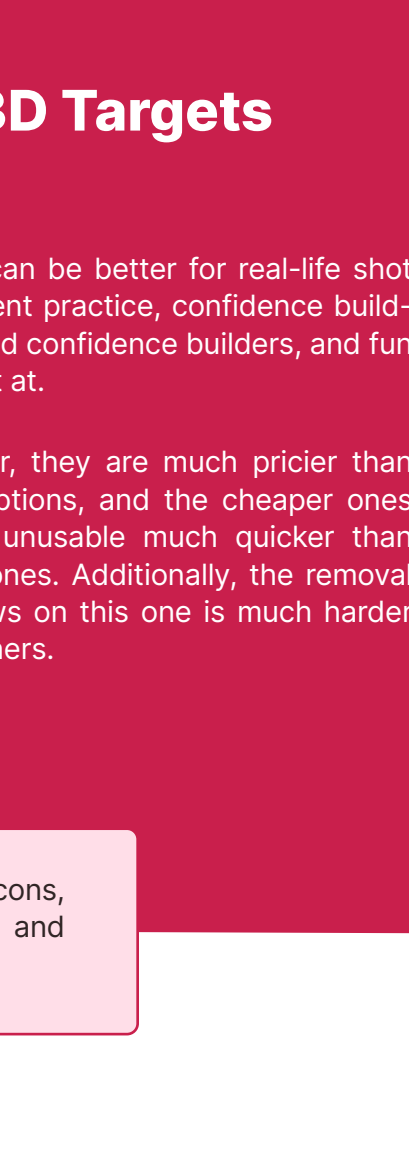
Leaving the arrowheads could result in damage to other arrows that hit them when fired at the target. However, in the removal process, it's essential to try and avoid damaging the target.



TIPS FOR DIFFERENT TYPES OF ARROWHEADS

09 Field Points Arrowheads

These arrowheads are considered typical and a "go-to" type of arrowhead for many archers. However, a common mistake for these types of arrowheads is that they're not perfectly lined up with the shaft like they need to be.



10 Broad Points Arrowheads

These types of arrowheads should not be used with foam or bag target butts.



11 Screw-In Points Arrowheads

Screw-in arrowheads are incredibly tricky to get out when they're stuck. It may be better just to unscrew the arrow and leave the arrowhead in the target if it's not coming out with an arrow puller or the lube. There are a few tools you can try, like an arrow point puller.



WHAT TYPE OF TARGET BUTT IS EASIER TO GET ARROWS FROM?

12 Grass Bale Target Butts

They are cheaper than other options and are easier to move on your own.

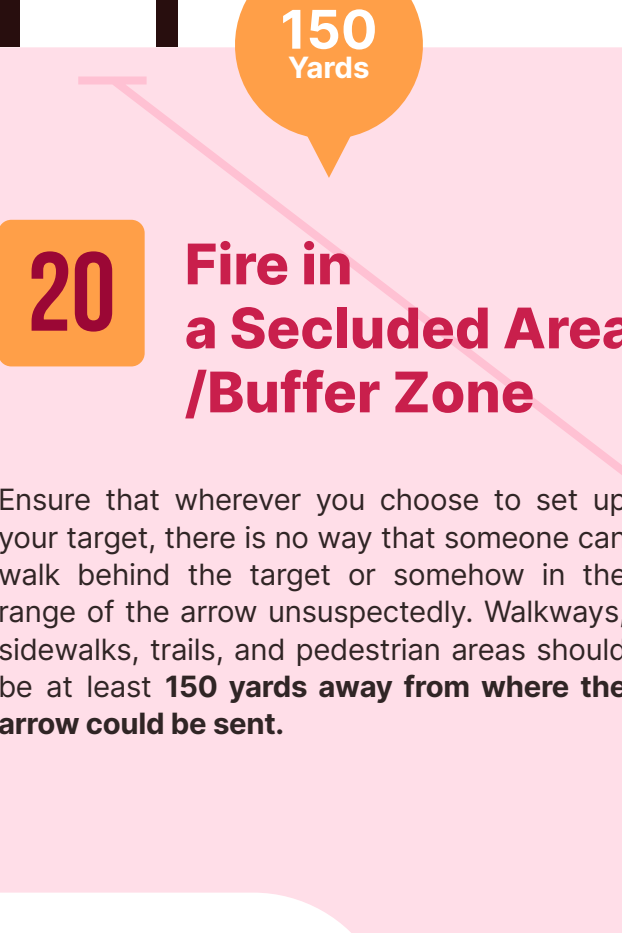
However, when you have a high draw weight, the arrow can be lodged incredibly deep into the haybale, and they have shorter lifespans than some of the other options.



13 Foam Block Targets

These are incredibly easy to move by yourself, are compatible with any kind of tip, are affordable, and some brands do offer some decent arrow removal.

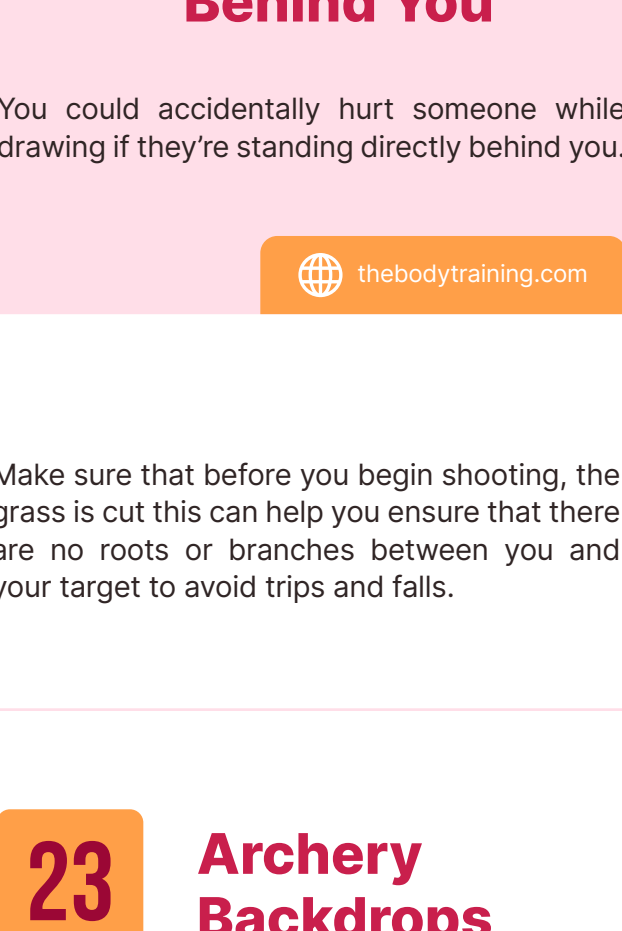
Unfortunately, cheaper foam block targets can cause severe damage to your arrow, and smaller sizes can be harder to hit from far away.



14 Bag Targets

Arrow removal is more straightforward than other options, they stop the arrows quickly, and they're surprisingly affordable.

These have a shorter lifespan and have to be brought inside after every time they're used. Additionally, they can only be used with field tips.



15 3D Targets

These can be better for real-life shop placement practice, confidence builders, good confidence builders, and fun to shoot at.

However, they are much pricier than other options, and the cheaper ones will be unusable much quicker than newer ones. Additionally, the removal of arrows on this one is much harder than others.



Each target has different pros and cons, depending on your needs, arrowheads, and budget while practicing with the arrows.

HOW TO ENSURE SAFETY WHILE PRACTICING ARCHERY

Every year there are approximately **4,300 YOUTHS** THAT ARE INJURED WHILE PARTICIPATING IN ARCHERY ACTIVITIES.

To ensure that no one is injured because of unsafe archery practices, keep the following tips in mind while practicing at home.

16 Dress Properly For The Sport

Participants shouldn't be wearing anything that could get snagged or tangled in the bow, such as sweaters with drawstrings, hoods, jewelry, scarves, or loose shirts.

Getting necklaces or earrings caught in the bow can cause serious injury, and is incredibly dangerous.

17 Make Sure To Inspect The Equipment

Many injuries caused in archery are from bows snapping and damaged bows.

18 Firing A Bow Safely

The best practice is to ensure that a single archer should load, aim, shoot, and retrieve their arrows all at once at the same time.

Create some kind of system if you are practicing with someone else, giving each other warning before firing the next arrow.

19 Retrieving Your Arrows

Ensure that you are retrieving your arrows right after you fire them, but not to launch or load an arrow while someone else is retrieving their arrows.

20 Fire in a Secluded Area /Buffer Zone

Ensure that wherever you choose to set up your target, there is no way that someone can walk behind the target or somehow in the range of the arrow unsuspectably. Walkways, sidewalks, trails, and pedestrian areas should be at least 150 yards away from where the arrow could be sent.

21 Make Sure No One is Directly Behind You

You could accidentally hurt someone while drawing if they're standing directly behind you.

22 Grass Should be Trimmed

Make sure that before you begin shooting, the grass is cut this can help you ensure that there are no roots or branches between you and your target to avoid trips and falls.

23 Archery Backdrops

It's strongly suggested you set up a backdrop to prevent an arrow from going too far past the target.

24 Never Shoot An Arrow High

Unless trained and participating in a fight archery competition, flying arrows up makes it harder to predict where they are going to land and potentially cause injury and harm to someone, possibly in the way.

25 Always Use Field Point

These are much safer than broadheads at archery ranges and cause less damage to the practice targets than the broadhead arrowheads do.

CONCLUSION

Before you even launch your first arrow, you should be aware of the best arrowheads, and butts as well as the correct way to set up your targets safely to avoid injury of yourself and others participating with you. There are many ways to be injured while participating in archery for sport and recreation if you're not taking the correct precautions.